

Herb House

Little Nippers

Your young ones are welcome at our Herb House during swimming hours. However, we do ask that you keep our policy in mind to ensure your whippersnappers are safe and sound at all times.

For all youngsters under 18 years:

- Always ensure that you are teamed up with your parent at all times!
- Your guardian must either be a member of our Herb House or staying at Lime Wood
- You will be allowed in the lap pool & changing rooms between:
 - 3.30pm – 5pm Monday – Friday
 - 9.00 - 10.30am & 3.30 – 5pm Saturday & Sunday.
these times are subject to change
- Other spa facilities, such as the hydro pool, whirlpool, gym, sauna & steam rooms are off limits due to health & safety.
- Please keep your eyes open for other guests and make sure you do not bring toys including balls into any of our pools
- Please don't jump or dive in as it makes a splash!
- Please walk around our pool, don't run as water on the floor can be slippery!
- Try and remember to whisper whilst changing in our adult changing areas.
- It is the responsibility of your guardian to keep you under control! Other guests will need their space in the pool and time to chill!
- Boys under 10 years, if you are with your dad always remember to go with him into the changing room & girls please do the same with your mum we don't want you getting lost!
- Exciting news for 10 year olds & over....If you are 10 or more you must use the correct gendered changing room even if that means changing on your own....but always remember to wait for your parents in the waiting area before entering the pool!
- If you are too scared to change on your own, don't worry as we have family changing rooms so you can all change together!
- Youngsters, we do have a little something for you...If you are aged 10 or over your parents can book you in for a manicure or pedicure and if you are 14 years or more we may have a treatment or two suitable for you! Please ask your parents to book this for you!

P.S – If you are under 3 years we ask that you wear our special swimmers nappies! Your parents can collect them at our Herb House reception!