

GRAZING

Tomato and date walnuts, garlic, Medjool dates, and Lyburn cheese	Goat's cheese slate Rosary goat's cheese, apple and celery
Herb House salad mixed green leaves and soft herbs	Wrap of the day please ask...
Spinach and feta, dried tomatoes and black olives	Dips served with flat bread or raw roots
Sheila's salads	Pickled anchovy on corn chips

SET £15.00

Salad or soup, wrap and a Smokehouse cut

RAW BOARD £15.00

Veg/fruits dried not fried, a Smokehouse cut, raw root dips with bread

SMOKEHOUSE CUT £7.00

Herb House venison Carpaccio	House smoked salmon, raw slaw
House smoked duck, apricot and caraway sauce	Hand-carved Hampshire ham, bread and cheese
Smoked mackerel pate	Ask about our daily specials...

Bread and savoury chips £2.75

AFTERS

...go on spoil yourself!

£4.50

Seasonal fruits & yoghurt

Jude's ice cream

Herb House tart

Piece of cake

Check our blackboard for today's specials

SMOOTHIES AND JUICES

£4.75

£4.00

Banana boost,
medjool dates, lemon and pineapple

Ruby roots,
beetroot, red cabbage and orange –
blood fortifier and iron builder

Raspberry and oatmeal,
honey and yoghurt

Apple infusion,
apple, lemon grass, sparkling mineral water –
*good for lowering cholesterol and aiding
digestion*

Green smoothie,
spinach base with a selection of fresh fruits

Cordials £2.50

Swamp water,
green leaves, apple, carrot and fennel –
for boosting the immune system

ENGLISH WINE AND BUBBLY

White

Wickham Fumé, "Special Release" 2010, Hampshire
125ml/750ml 3.50/£20.00

Camel Valley, Bacchus 2009, Cornwall 125ml/750ml
£4.50/£25.00

Bubbly

Ridgeview Grosvenor Cuvée Merret (Blanc de Blancs)
2006, Sussex 125ml/750ml £7.50/£42.00

Red

Sharpham Pinot Noir 2009, South Devon
125ml/750ml £9.50/£45.00

Rose

Camel Valley, Pinot Noir/Rondo 2009, Cornwall
125ml/750ml £6.00/£35.00

Ridgeview Fitzrovia Cuvée Merret (Rosé) 2007, Sussex
125ml/750ml £7.50/£42.00

TEA AND COFFEE Marrakesh Mint, White Lotus, White Orchard, Chamomile Citron,
Verbena Mint, Ginger Twist, Limewood Detox...

If you are happy with the food and service, we would suggest a 12.5% gratuity.

If the service wasn't up to scratch, don't pay for it (But do let us know what we could do better).