

JUICE £5.75

(J) RUBY ROOTS – Beetroot, Pear, Ginger & Lime

Extremely cleansing, restores natural running of organs & improves stamina

(J) GODDESS OF GREENS – Spinach, Lemon, Ginger, Apple & Cucumber

Good for the heart and blood pressure, alkalize & high in anti-oxidants

(J) GINGER TEASE – Apple, Ginger, Grape & Carrot

Healthy immune function, boosts glowing skin & cardiovascular health

(J) POPEYE – Spinach, Celery, Fennel, Carrot & Red Pepper

Detoxify your system & high in vitamins

SMOOTHIES £5.75

(S) GYMMY-CHINOO – Banana, Oats, Honey, Almond Milk, Vanilla Protein, Chia Seeds & Espresso

Boosts energy, aids digestion, high in amino acids, lots of potassium to regulate blood sugar!

(S) HEAVY METAL DETOX – Dates, Coriander, Spinach, Banana & Coconut Water

supports digestion, good source of potassium, restores energy & a natural isotonic

(S) OATY BERRY – Berries, Oats, Yoghurt & Honey

great source of dietary fibre and packed with an abundance of antioxidants

(S) – BREAKFAST BOOSTER - Mango, Strawberries, Chia Seeds, Maca, Spirulina, Fresh Mint & Coconut Water

Everything you need to start your day the right way

“give your system an added boost with Organic Maca, Spirulina or Wheatgrass - 65p per serving”

SOFT DRINKS

Still or Sparkling Water / Soft Juices / Coke / Diet Coke / Lemonade / Ginger Beer glass £2.50

Jax Coco 330ml glass £3.25, 100% pure coconut water sourced from the Philippines, boosts immunity – naturally Isotonic - low in calories – includes 5 essential electrolytes

COCKTAILS

SEEDLIP

Taking inspiration from a 1651 book “The Art of Distillation”, Seedlip still manages to be completely revolutionary; a “distilled non-alcoholic spirit” consisting of the distillates of six unique botanicals, blended together without any alcohol or sugar.

Seedlip & Tonic - £6.50 per glass

Seedlip - £27.99 per bottle

Jaxito – Havana Club Rum, Jax Coco, Lime, Mint & a dash Maple Syrup – £9.00 per glass

A 12.5% gratuity is automatically applied to your bill. If the service wasn't up to scratch, don't pay for it but do let us know what we could do to improve

If you have any dietary requirements, or require any details on allergens within our dishes, please ask one of the team

125ml glasses and 250ml & 500ml carafes of wine are available upon request

WINES

PIG HUT, France 2015 - 175ml gls £6.50 / btl £29

aromatic wild flowers with a zesty lemon finish

Civitas Lunaria, Pecorino, Abruzzo, Italy 2014 - 175ml gls £9 / btl £39

amazing bio-dynamic pecorino with perfumed honey, lemon & apricot on the nose & a long palate of bay leaves & fruit

Sancerre Rose , Loire Valley, Pascal Joliet 2015 - 175ml gls £11 / btl £45

The Pig Hut Rosé, Grenache/Syrah, Maris, South West France 2014 - 175ml gls £7 / btl £29

dominant red cherries and strawberries on the nose with hints of rose and lychee

Grace Bridge, Pinot Noir, California, 2013 - 175ml gls £9.50 / btl £39

earthy & elegant with soft bramble fruit & fine tannins

Hambledon, Hampshire, England 2013 - 150ml gls £11.50 / btl £56

crisp, clean sparkling wine with notes of almond & crunchy conference pear

ENGLISH BEERS & CIDER

Menabrea - Crisp, tangy, spicy, 5% **330ml btl £6.00**

Whitstable Bay - easy drinking and refreshing. Crisp and zesty, 4.5% **330ml btl £6.50**

Willy's - Herefordshire medium dry cider, 4% **500ml btl £6.50**

TEA £3.75

CF. Evening calm. chamomile, nettle, lemon balm and peppermint, good for digestion

CF. Lime Wood blend. cleansing, dandelion, liquorice, burdock, red clover, peppermint, basil and lemon

CF. Rooibos. orange and eucalyptus with sweet peach, menthol and fruity

Earl Grey supreme. rich, full bodied flavour. Ceylon black tea, scented with bergamot and corn flower petals

English breakfast. picked from a select blend of teas from Assam and Ceylon for just the right body and aroma

Haung Shan Mao Feng. an exquisite green tea, full of flavour

Milk Oolong. milky, almost sweet in flavour and scent, Half way between a black and green tea

Moroccan Mint. blend of the finest China pinhead gunpowder Green tea and Moroccan nana-mint leaves

Silver Needle. has a soft, mellow flavour, with a freshness of honeydew melon

Winchester Fruit Basket. hibiscus, rose hip, apple pieces, orange peel, black current leaves and raspberries

Classic Chai. cardamom, aniseeds, cinnamon, ginger and cloves, a black tea served with frothy milk

Turkish Apple. apple pieces, pineapple cubes, vitamin C, flavouring and freeze dried apple pieces

COFFEE £3.75

Americano / Espresso / Cappuccino / Latte / Macchiato / Cafe Mocha / Hot Chocolate

Speciality - Turmeric Latte £4.95