



Herb House

THE HERB HOUSE at Lime Wood
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Membership Rates Comparison Guide

	Single	Joint	Joining Fee	Includes
Full Fitness Membership	£350	£650	£250	<ul style="list-style-type: none"> • Access to gym, spa facilities and all classes • 4 x 60 min Personal Training sessions/month on a use it or lose it basis • Advance booking facility to Herb House classes 8 days in advance, 1 day in advance of All Access members • 10% off Matt Roberts retreats, Amelia Freer workshops & members' events • 4 Complimentary Personal Training sessions (every 12 months) at Matt Robert's Club in Mayfair, London • 1 Complimentary Group Fitness Pilates session per year at Matt Roberts' Club in Mayfair, London • 1 Complimentary Group Yoga session per year at Matt Roberts' Club in Mayfair, London • 6 complimentary guest passes • Complimentary Gold Body MOT • 10% off Matt Roberts Fitness retreats and events with early bird booking access • Little Nippers access
All Access Membership	£225	£400	£250	<ul style="list-style-type: none"> • Access to gym, spa facilities and all classes • Advance booking facility to Herb House classes 7 days in advance • 3 complimentary guest passes • Complimentary Bronze Body MOT • Option to buy top up 1 x bundle of 3 guest passes • Little Nippers access
Club Membership	£175	£350	£250	<ul style="list-style-type: none"> • Access to gym and spa facilities • Option to buy 2 x blocks of 3 guest passes • Does not include access to classes or Little Nippers access • Does not include a complimentary Body MOT • Does not include any complimentary guest passes