

Herb House

Membership Rates Comparison Guide

Type	Single	Joint	Joining Fee	Includes
<p>The Full Works Membership <i>This is our most inclusive membership- and it's all about you!</i></p> <p><i>Designed to help you nourish mind, body & soul, it is all about a balanced approach to life.</i></p> <p><i>Perfect for those wanting to get fully involved in life at the Herb House.</i></p>	<p>£370/month Or £4440/year</p>	<p>£690/month Or £8280/year</p>	<p>£300</p>	<ul style="list-style-type: none"> • Access to gym, spa facilities and all classes in inside Studio & outdoor Hideout <p>Package of Herb House & Lime Wood Complimentary perks worth just over £4000/year per member:</p> <ul style="list-style-type: none"> • 4 x Monthly Complimentary 1-2-1 personal training/movement sessions on a use it or lose it basis* • Advance booking facility to Herb House fitness classes 8 days in advance, 1 day in advance of All Access members • One spa treatment per quarter, up to 60 minutes, must be used within the quarter on a use it or lose it basis*. • Complimentary 3-course dinner for 2 with wines chosen by your sommelier at Hartnett Holder & Co subject to availability • Copy of Amelia Freer's latest book 'Simply Good for You' • One-hour personal shopping consultation with our Curated Manager, with 10% off retail purchases year round • 6 complimentary guest passes per annum per member • Complimentary 60-minute Gold Body MOT and bespoke programme, subject to booking in advance <p>Matt Roberts Complimentary sessions worth £210/year:*</p> <ul style="list-style-type: none"> • 4 x 60-minute Personal Training sessions, • 1 x 60-minute Group Fitness Pilates session, • 1 x 60-minute Group Yoga session per year at Matt Robert's Club in Mayfair, London <p>Other perks:</p> <ul style="list-style-type: none"> • First to experience new products and special promotions* • 10% off all treatments at the Herb House, subject to availability* • 10% off all Food & Beverage in hotel, subject to availability* • 10% off hotel rooms & entitlement to room upgrades, subject to availability* • 10% off Matt Roberts retreats, Amelia Freer workshops & members' events • Access to regular Herb House events • Little Nippers access to Lap Pool at set times <p>*Restrictions apply.</p>
<p>Price Differential between Full Works and All Access membership</p>	<p>£125/month Or £1500/year</p>	<p>£250/month Or £3000/year</p>		

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<p>All Access Membership <i>Designed for those who want to take a balanced and varied approach to their health.</i></p> <p><i>Join any group fitness class taken by our expertly trained instructors, workout in our gym or chill out in our spa facilities.</i></p>	<p>£245/month Or £2940/year</p>	<p>£440/month Or £5280/year</p>	<p>£300</p>	<ul style="list-style-type: none"> • Access to gym, spa facilities and all classes in inside Studio and outdoor Hideout • Herb House fitness classes bookable 7 days in advance <p>Package of Herb House & Lime Wood Complimentary perks worth £170/year per member:</p> <ul style="list-style-type: none"> • 3 complimentary guest passes per annum per member • Complimentary 60-minute Bronze Body MOT • Option to buy top up 1 x bundle of 3 guest passes @£120/bundle <p>Other perks:</p> <ul style="list-style-type: none"> • 10% off all treatments at the Herb House, subject to availability* • 10% off all Food & Beverage in hotel, subject to availability* • 10% off hotel rooms & entitlement to room upgrades, subject to availability* • 10% off Matt Roberts retreats, Amelia Freer workshops & members' events • Access to regular Herb House events • Little Nippers access to Lap Pool at set times <p>*Restrictions apply.</p>
<p>Price Differential between All Access and Club membership</p>	<p>£45/month Or £540/year</p>	<p>£40/month Or £480/year</p>		
<p>Club Membership <i>Designed for those who want to take time for themselves in our New Forest retreat and allows access to our spa facilities.</i></p> <p><i>Work out in the gym or re-energise and relax in our spa facilities.</i></p>	<p>£200/month Or £2400/year</p>	<p>£400/month Or £4800/year</p>	<p>£300</p>	<ul style="list-style-type: none"> • Access to gym and spa facilities • Option to buy 2 x blocks of 3 guest passes @ £120/bundle per member <p>Other perks:</p> <ul style="list-style-type: none"> • 10% off all treatments at the Herb House, subject to availability* • 10% off all Food & Beverage in hotel, subject to availability* • 10% off hotel rooms & entitlement to room upgrades, subject to availability* • 10% off Matt Roberts retreats, Amelia Freer workshops & members' events • Access to regular Herb House events <ul style="list-style-type: none"> • Does not include access to classes or Little Nippers access • Does not include a complimentary Body MOT • Does not include any complimentary guest passes <p>*Restrictions apply.</p>