

# Herb House

## Membership Rates Comparison Guide

| Type   | Single  | Joint   | Joining Fee | Includes   |
|--|---|---|-------------|--|
| <p><b>The Full Works Membership</b><br/> <i>This is our most inclusive membership- and it's all about you!</i></p> <p><i>Designed to help you nourish mind, body &amp; soul, it is all about a balanced approach to life.</i></p> <p><i>Perfect for those wanting to get fully involved in life at the Herb House.</i></p> | <p>£370/month<br/>                     Or<br/>                     £4440/year</p> | <p>£690/month<br/>                     Or<br/>                     £8280/year</p> | <p>£300</p> | <ul style="list-style-type: none"> <li>• Access to gym, spa facilities and all classes in inside Studio &amp; outdoor Hideout</li> </ul> <p><b>Package of Herb House &amp; Lime Wood perks worth just over £4000/year per member:</b></p> <ul style="list-style-type: none"> <li>• 4 x Monthly 1-2-1 personal training/movement sessions on a use it or lose it basis*</li> <li>• Advance booking facility to Herb House fitness classes 8 days in advance, 1 day in advance of All Access members</li> <li>• 90-minute Herb House Ultimate Fitness MOT</li> <li>• Gym induction and bespoke training programme, subject to booking in advance</li> <li>• One spa treatment per quarter, up to 60 minutes, must be used within the quarter on a use it or lose it basis*</li> <li>• 3-course dinner for 2 with wines chosen by your sommelier at Hartnett Holder &amp; Co subject to availability</li> <li>• 6 guest passes per annum per member</li> <li>• Option to buy additional guest passes at a preferential membership rate</li> </ul> <p><b>Other perks:</b></p> <ul style="list-style-type: none"> <li>• First to experience new products and special promotions*</li> <li>• 10% off all treatments at the Herb House, subject to availability*</li> <li>• 10% off all Food &amp; Beverage in hotel, subject to availability*</li> <li>• 10% off hotel rooms &amp; entitlement to room upgrades, subject to availability*</li> <li>• Advance notice on booking Lime Wood and Herb House events</li> <li>• Little Nippers access to Lap Pool at set times</li> </ul> <p><b>*Restrictions apply.</b></p> |
| <p><b>Price Differential between Full Works and All Access membership</b></p>  | <p>£125/month<br/>                     Or<br/>                     £1500/year</p> | <p>£250/month<br/>                     Or<br/>                     £3000/year</p> |             |  |

# Herb House

## Membership Rates Comparison Guide

| Type   | Single  | Joint   | Joining Fee | Includes   |
|--|---|---|-------------|--|
| <p><b>All Access Membership</b><br/> <i>Designed for those who want to take a balanced and varied approach to their health.</i></p> <p><i>Join any group fitness class taken by our expertly trained instructors, workout in our gym or chill out in our spa facilities.</i></p> | <p>£245/month<br/>                     Or<br/>                     £2940/year</p> | <p>£440/month<br/>                     Or<br/>                     £5280/year</p> | <p>£300</p> | <ul style="list-style-type: none"> <li>• Access to gym, spa facilities and all classes in inside Studio and outdoor Hideout</li> <li>• Herb House fitness classes bookable 7 days in advance</li> <li>• Gym induction and bespoke training programme, subject to booking in advance</li> </ul> <p><b>Package of Herb House &amp; Lime Wood perks worth £170/year per member:</b></p> <ul style="list-style-type: none"> <li>• 3 guest passes per annum per member</li> <li>• 60-minute Herb House Fitness MOT</li> <li>• Option to buy additional guest passes at a preferential membership rate</li> </ul> <p><b>Other perks:</b></p> <ul style="list-style-type: none"> <li>• 10% off all treatments at the Herb House, subject to availability*</li> <li>• 10% off all Food &amp; Beverage in hotel, subject to availability*</li> <li>• 10% off hotel rooms &amp; entitlement to room upgrades, subject to availability*</li> <li>• Advance notice on booking Lime Wood and Herb House events</li> <li>• Access to regular Herb House events</li> <li>• Little Nippers access to Lap Pool at set times</li> </ul> <p><b>*Restrictions apply.</b></p> |
| <p><b>Price Differential between All Access and Club membership</b></p>  | <p>£45/month<br/>                     Or<br/>                     £540/year</p>   | <p>£40/month<br/>                     Or<br/>                     £480/year</p>   |             |  |
| <p><b>Club Membership</b><br/> <i>Designed for those who want to take time for themselves in our New Forest retreat and allows access to our spa facilities.</i></p> <p><i>Work out in the gym or re-energise and relax in our spa facilities.</i></p>                           | <p>£200/month<br/>                     Or<br/>                     £2400/year</p> | <p>£400/month<br/>                     Or<br/>                     £4800/year</p> | <p>£300</p> | <ul style="list-style-type: none"> <li>• Access to gym and spa facilities</li> <li>• Gym induction and bespoke training programme, subject to booking in advance.</li> <li>• Option to buy additional guest passes at a preferential membership rate</li> </ul> <p><b>Other perks:</b></p> <ul style="list-style-type: none"> <li>• 10% off all treatments at the Herb House, subject to availability*</li> <li>• 10% off all Food &amp; Beverage in hotel, subject to availability*</li> <li>• 10% off hotel rooms &amp; entitlement to room upgrades, subject to availability*</li> <li>• Advance notice on booking Lime Wood and Herb House events</li> <li>• Access to regular Herb House events</li> <li>• Does not include access to classes or Little Nippers access</li> <li>• Does not include a Body MOT</li> <li>• Does not include any guest passes</li> </ul> <p><b>*Restrictions apply.</b></p>  |