The HERB HOUSE at Lime Wood
Beaulieu Rd, Lyndhurst, Hampshire SO43 7FZ England
Membership 023 8028 7184 **Reservations** 023 8028 6999
Email membership@herbhousespa.co.uk or reservations@herbhousespa.co.uk
Web www.limewoodhotel.co.uk/spa

Members Little Nippers Policy

- As members of The Herb House, your children under 18 years old are welcome to swim in The Herb House Lap Pool during these hours only at no extra charge:

  Half hour bookable slots:
  Monday to Sunday from 8.30am – 10.00am
  Friday, Saturday, Sunday and Bank Holidays from 4.00pm – 5.00pm
  Saturday and Sundays from 10.00am – 10.30am
  Pre-booking is required

- All children must be pre-registered by you in advance of using the facilities. Please ask reception for a Little Nippers Registration Form if you would like to bring your children to swim.
- To book a family session, you will need to do so on the MyWellness app.
- Please sign in and out at the Reception desk on arrival with your children. Admission will be on a first come, first served basis and each member adult can accompany a maximum of 2 children.
- Please remember this privilege is for your own children only and we do not allow you to bring other peoples' children into the Herb House Lap Pool with you.
- Your children must be accompanied by you at all times and it is your responsibility to keep them supervised.
- Please ensure your children wear the supplied flip flops or their own non-slip footwear around the Lap Pool at all times.
- Children will be allowed in the changing rooms 15 minutes before swimming times and up to half an hour afterwards. We would ask that you keep the area as tidy as possible and ask your children to be respectful of their surroundings.
- Other spa facilities, such as the Hydro Pool, whirlpool, gym, sauna and steam rooms are for adult members, over 18 years old, only. However, children are allowed in our restaurant Raw & Cured at any time during opening hours when accompanied by you, their parent/guardian. We would ask that you pre-book your table in advance.
- Please do not bring toys including balls or noodles into the Lap Pool. Armbands and toddler floating aids are permitted. The Herb House will provide a selection of noodles for your children to use in the Lap Pool.
- Please note The Herb House does not provide lifeguard facilities at the Lap Pool.
- Please ask your children not to jump or dive in the Lap Pool and please be aware of other people using the area. After your swim, please ensure your children dry off thoroughly before walking to the changing rooms.
- Children under 8 years old must change with you, we would recommend you make use of one of our larger changing rooms so you can change privately together.
- Children over 8 years old must change in the correct gendered changing room, even if that means changing on their own. Always remember to get your children to wait in the waiting area outside the changing rooms so you can go up to the Lap Pool together.
- Under 3 years old must wear special Neoprene nappies in addition to their swimming nappies when swimming in the Lap Pool to avoid leakage and the closure of the Lap Pool. These are available to purchase at reception if you do not have your own.
- There are no crèche facilities at The Herb House. It is the responsibility of the parent or guardian to keep their children under control at all times and ask their children to observe the peace and tranquillity of the Lap Pool and surrounding area.
- Save as set out in our liability clause in our Terms and Conditions, The Herb House accepts no liability for your child/ children during their time in The Herb House venue.
- Once your child turns 18, they would be eligible for our Adult Dependents' Membership until they turn 26. Please ask the membership team for more information.
- It will be necessary for the Lap Pool to be closed at certain times for maintenance. The Herb House management will endeavour to give members prior notice of these closures but are not obliged to do so.
- We reserve the right to amend this policy at any time and to ask anyone that does not respect this to vacate either the Lap Pool or changing rooms.
- Please contact the Herb House membership team or the Spa Director with any queries.